## TREATMENT PROTOCOL

## **INJURIES**

## 1. <u>Symptoms/Presentation</u>:

- Inmate may state "snapping" sound at time of injury.
- Obvious deformities
- Pain, tenderness, swelling, bruising
- Shock
- Inability to move injured area
- Bleeding
- 2. Wear disposable gloves when treating inmate, if bleeding.
- 3. If no deformities, no shock, no snapping sound and easily able to move extremity or area injured:
  - Apply ice to the area and elevate.
  - Contact the Facility Nurse for further instructions.
- 4. If grating sensation, snapping sound, deformities, shock or inability to move injured area is present:
  - Do not attempt to move inmate.
  - Stabilize inmate, have someone stay with him/her.
  - Call 9-1-1 Dispatch for EMTs, if a nurse is not available.
- 5. If injury includes excessive bleeding or major lacerations:
  - Wear disposable gloves.
  - Place direct pressure bandage over wound.
  - Do not attempt to move inmate.
  - Call 9-1-1 Dispatch for EMTs.
- 6. If injury is to eye:
  - Visible trauma to area has occurred
  - Place loose, clean bandage over both eyes.
  - Call 9-1-1 Dispatch for EMTs, if a nurse is not available

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- 7. If injury is a small cut or scratch:
  - Clean wound with soap and water. Dry thoroughly.
  - May use triple antibiotic ointment if not allergic to components.
  - Place band-aid over wound.
  - Inform inmate to submit a Health Care Request Form, if desired for Facility Nurse follow-up care.

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